

SHARING GOD'S LIFE

More Rule of Life mini-retreats...

How might a Rule (or Rhythm) of Life help us to grow and be more fruitful in our relationships with God, with each other, and with the communities we're part of?

Take time to reflect on one of these short **online** retreats:

Mon. Sept. 20th	2-4.30pm
Fri. Oct. 22nd	10am-12.30pm
Weds. Nov. 17th	2-4.30pm
Thurs. Dec. 2nd	7-9.30pm
Tues. Dec. 7th	10-12.30pm

Retreat format

Introduction and Prayer (*online*)

Time alone (*offline*)

Plenary and Prayer (*online*)

The sessions will be held on Zoom, led by the Revd Sally Dakin, Spirituality Adviser

- 'a really good morning – I feel refreshed and inspired'*
- 'a wonderful breath of fresh air'*
- 'a gentle and inspiring afternoon'*
- 'a warm and welcoming environment despite the limitations of technology'*
- 'opened my mind to as many questions as answers'*
- 'I am very glad I attended'*



For more information visit: winchester.anglican.org/rule-of-life

To book, please email: ruleoflife@winchester.anglican.org



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