

SHARING GOD'S LIFE

Rule of Life mini-retreats for Lent

How might a Rule (or Rhythm) of Life help us to grow and be more fruitful in our relationships with God, with each other, and with the communities we're part of?

Take time to reflect on one of these short online retreats:

Thurs. Feb. 18th	7.30-9.30pm
Tues. Feb. 23rd	2-4.30pm
Weds. March 3rd	10am-12.30pm
Fri. March 12th	10am-12.30pm
Mon. March 15th	2-4.30pm

Retreat format

Introduction and Prayer (*online*)

Time alone (*offline*)

Plenary and Prayer (*online*)

The sessions will be held on Zoom, led by the Revd Sally Dakin, Spirituality Adviser

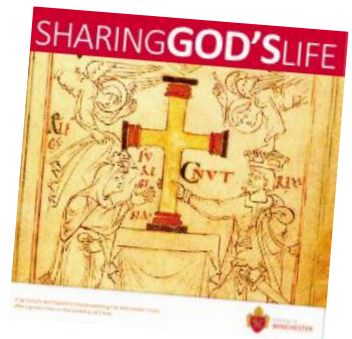
'a really good morning – I feel refreshed and inspired'

'a wonderful breath of fresh air'

'a gentle and inspiring afternoon'

'a warm and welcoming environment despite the limitations of technology'

'very useful'; 'really helpful'; 'just right'



For more information visit: winchester.anglican.org/rule-of-life

To book, please email: ruleoflife@winchester.anglican.org