

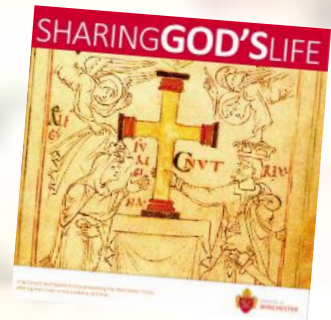
SHARING GOD'S LIFE

Rule of Life mini-retreats

How might a Rule (or Rhythm) of Life help us to grow and be more fruitful in our relationships with God, with each other, and with the communities we're part of?

Take time to reflect on one of these short online retreats:

Fri. Nov. 6th	10am-12.30pm
Tues. Nov. 10th	10am-12.30pm
Thurs. Nov. 19th	7.30-9.30pm
Mon. Nov. 23rd	2-4.30pm
Weds. Dec. 2nd	7.30-9.30pm
Tues. Dec. 8th	2-4.30pm



Retreat format

Introduction and Prayer (*online*)

Time alone (*offline*)

Plenary and Prayer (*online*)

The sessions will be held on Zoom, led by the Revd Sally Dakin, Spirituality Adviser

'a really good morning – I feel refreshed and inspired'

'there was much food for contemplation and life'

'a warm and welcoming environment despite the limitations of technology'

'it has given me lots of food for thought'

'very useful'; 'really helpful'; 'just right in every way'

For more information visit: winchester.anglican.org/rule-of-life

To book, please email: ruleoflife@winchester.anglican.org



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