

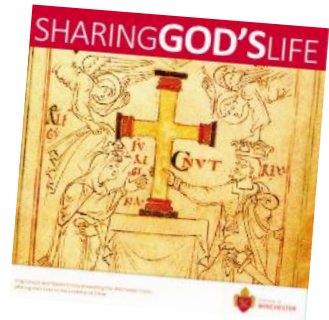
# SHARING GOD'S LIFE

## (More) Rule of Life mini-retreats

How might a Rule (or Rhythm) of Life help us to grow and be more fruitful in our relationships with God, with each other, and with the communities we're part of?

*Take time to reflect on one of these short online retreats:*

<b>Fri. Sept. 11<sup>th</sup></b>	<b>2-4.30pm</b>
<b>Weds. Sept. 16<sup>th</sup></b>	<b>10am-12.30pm</b>
<b>Tues. Sept. 22<sup>nd</sup></b>	<b>7.30-9.30pm</b>
<b>Mon. Sept. 28<sup>th</sup></b>	<b>7.30-9.30pm</b>
<b>Fri. Oct. 9<sup>th</sup></b>	<b>10am-12.30pm</b>
<b>Thurs. Oct. 15<sup>th</sup></b>	<b>2-4.30pm</b>



### Retreat format

**Introduction and Prayer** (*online*)

**Time alone** (*offline*)

**Plenary and Prayer** (*online*)

The sessions will be held on Zoom, led by the Revd Sally Dakin, Spirituality Adviser

*'a really good morning – I feel refreshed and inspired'*

*'there was much food for contemplation and life'*

*'a warm and welcoming environment despite the limitations of technology'*

*'it has given me lots of food for thought'*

For more information visit: [winchester.anglican.org/rule-of-life](http://winchester.anglican.org/rule-of-life)

**To book, please email: [ruleoflife@winchester.anglican.org](mailto:ruleoflife@winchester.anglican.org)**



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