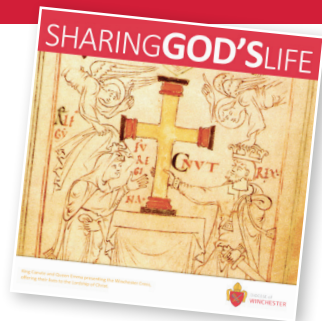


# SHARING GOD'S LIFE

## Rule of Life

### Spring/Summer Workshops

at Wolvesey, Winchester



How might a Rule/Rhythm of Life help us to grow and be more fruitful in our relationships with God, with each other, and with the communities we're part of? Take some time out to reflect at one of these quiet workshops.

To book, please email [ruleoflife@winchester.anglican.org](mailto:ruleoflife@winchester.anglican.org)

For more about Rule of Life, see [www.winchester.anglican.org/rule-of-life/](http://www.winchester.anglican.org/rule-of-life/)

#### DATE

#### TIME

Weds. 15<sup>th</sup> May ..... 2pm - 4.30pm

Mon. 20<sup>th</sup> May ..... 7.30pm - 9.30pm

#### DATE

#### TIME

Thurs. 4<sup>th</sup> July ..... 10am - 12.30pm

Tues. 9<sup>th</sup> July ..... 2pm - 4.30pm

### The format will be:

- **Introduction and prayer**
- **Time to work alone**
- **Optional chat with Sally**
- **Plenary**
- **Closing prayer**



"I found it a very thoughtful but encouraging experience."

"It was great to have the chance to sit down and reflect on some of the questions and life-areas that the workshop highlights."

"One thing that became clear is that a rule of life isn't about taking on a pile of new tasks and responsibilities."

"We both found the space you created so helpful. I particularly enjoyed my time in the garden."

"Though it is not necessary to attend a workshop in order to follow a rule of life, it is a useful way of clarifying it and, for me at least, a chance to breathe."



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