

Leader to Participants Ratios

There are recommended ratios for supervising children under 8. For over 8's you should risk assess your activities and group and decide how many leaders are required (NB you will always need at least 2 adult leaders, ideally one male and one female for mixed groups.)

Indoor Activities

Age	Ratio
0–2	1:3
2–3	1:4
3–8	1:8

8 and over complete a risk assessment on the activities and then set ratios accordingly (see note below).

Outdoor activities

Age	Ratio
0–2	1:3
2–3	1:4
3–8	1:8

8 and over: complete a risk assessment on the activities and then set ratios accordingly taking note of the age of the children and the activity and location. We would recommend for a low risk activity with independent young people of secondary school age you have no more than 16 young people to each adult, with at least 2 adults, preferably one male and one female, for the group. However, your risk assessment may identify a need for higher ratio than this.

NB:

Remember: You should always have at least 2 adults with a group of children.

These are recommended ratios your activity, trip or group may require closer supervision depending on what you are doing and the needs of your group., if in any doubt please contact the appropriate advisor.

Adults

People organising activities for children and young people are used to thinking about ratios of adults to children: it is worth thinking about this for activities involving adults who may be at risk as well. We recommend a minimum of two helpers for any activity (one male and one female if you have a mixed group) but preferably three for groups of up to 20; more for larger groups.