

Prayer-walking

What is prayer-walking?

- Praying 'on site' for a community.

Why do it?

- We can be more in touch with the place, the people and God, and so pray more effectively.
- We represent God's presence, God's love and God's light.

How?

- In twos or threes.
- Silently or aloud.
- While walking or standing still.

*Be open to the place & the people
Be open to God & each other*

Try asking:

- **What does Jesus see?**
- **How does Jesus feel?**
- **What would Jesus do?**
- **How shall I pray?**



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