

PRAYER IDEAS FOR PARISHES

Produce a monthly **Prayer Diary** (with 'experiments' to try?)
Produce **Prayer Bookmarks** to support mission events
Send daily **prayer emails or texts** during a mission event
Write a **special prayer** or produce a **special liturgy** for a Season
Organise a **Pentecost Novena**
Start an email **Prayer Chain**
Introduce '**Pray for Five**'

Offer a '**Prayer Audit**'
Promote **Prayer Partners/Triplets**
Try '**Walk'n'Talk**'

Set up some **Prayer Stations** – or borrow the **God@Work Kit**
Set up a **Prayer Room** – and organise a **Week of 24/7 Prayer**
Make or borrow a **Labyrinth**

Try a **Prayer-focused service**
Get people to **pray for (?before) services**
Invite **testimonies**
Offer training for those who **lead intercessions**
Train people in **prayer ministry**
Preach **sermons on prayer**
Recommend/review **books about prayer**
Provide **material for groups on prayer**
Introduce **the Jesus Prayer, the Examen, Lectio Divina, Ignatian meditation...**

Promote **Spiritual Direction**
Organise a **Quiet Day**
Organise a **Week of Guided Prayer**
Help people write their **Rule of Life**

Send out **prayer prompts before PCC meetings**
Switch to **prayer-centred or Eucharist-centred PCC meetings**
Include **prayer ideas** in your weekly news, monthly magazine and/or on your website

Put up a **Prayer Noticeboard** or start a **Prayer Request Book/Box** or similar
Provide **Prayer Cards** for visitors
Organise a **Flower Festival with prayer stations**

Start **Prayer Walking** round the area
Try some **prayer visiting**
Try '**Healing on the streets**'...