

DIOCESAN RULE OF LIFE

Example rules of life

Sandie

Sandie is a 41-year-old single parent who works as a receptionist in a hospital outpatient clinic, has a son, Jake, in Year 8 at the local secondary school, and worships at St Alexander's (St A's) She knew a bit about Christianity from her early years at a Church of England primary school, then came to faith personally after her son's christening.

LOVING

I will... download a Bible app onto my phone, and read it when I'm waiting in the car for Jake.
I will... phone my Dad for a chat at least once a month.

LIVING

I will... go to Hopeweavers evenings once a month if I possibly can, and look out for people to join me.
I will... make myself available to befriend single mums coming to St A's/enquiring about infant baptism or thanksgiving.

SERVING

I will... sign up to help at the day centre for homeless people one Saturday morning a month.
I will... engage with Jake about cutting down our energy consumption and household

Peter

Peter is married, has 2 young boys and commutes to London each day. He is time poor. He is keen to reduce his carbon footprint, share his faith with his colleagues at work and be a good husband and parent. He has not been a disciple long and wants to grow in his faith. He is passionate about justice.

LOVING

I will...explore a different way of praying this year
I willbook a date night with my wife at least once a fortnight

LIVING

I willtake my sons along to Who Let the Dads Out at church each month.
I willgive regularly to the Persecuted Church

SERVING

I willfind a Christian friend at work to pray for the office, its work and its people
I willcycle to the station each day

Version 1
November 2016