

Diocesan Education Project ‘Ten Ten’: as you will have read previously, launching our 2021 project was postponed from the Autumn Term with a view to launching in the spring. Due to the second lockdown announced shortly after Christmas, and given the ongoing pressures and priorities for schools, coupled with wider restrictions on many of the intended activities and ideas in the project book, we decided to put this on hold until further announcements are made. Now that Boris has announced a route out of lockdown, we will let you know in the next few weeks about our ideas for this moving forwards.

RE Network Meetings

RE network meetings will take place from 3:45 – 4:45 on 2nd, 4th, 8th, 9th and 10th March - all RE leaders are invited to attend. It will be an opportunity to share ideas and resources and to be updated on developments in the RE world.

Please contact Jane Kelly for more details. Jane.Kelly@portsmouth.anglican.org

Understanding Christianity Training – twilight sessions from 3:30pm to 5:30pm

Two twilight Understanding Christianity training sessions have been organised:

25th February - an introduction to the resource, for anyone who is new to teaching RE in a church school, or any teachers who would like a refresher.

11th March - planning and teaching the Salvation units, for creative ways to teach about Easter.

Teachers are welcome to attend either or both sessions. Please contact Jane Kelly for more details. Jane.Kelly@portsmouth.anglican.org -

Psychological First Aid: Free online training for those supporting children and young people affected by coronavirus (COVID-19)

Public Health England (PHE) yesterday launched new Psychological First Aid training for those supporting children and young people affected by coronavirus (COVID-19).

[PHE launches new Psychological First Aid training - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

The online course, developed by Public Health England (PHE), offers training on how to provide practical and emotional support to children and young people affected by emergencies or crisis situations. Children and young people can be very resilient, but crises such as COVID-19 can severely impact their mental health. Getting the right support early on can help prevent problems occurring or worsening.

It's available for all frontline workers such as teachers, health and social workers, charity and community volunteers and anyone who cares for or is regularly in contact with children and young people aged up to 25, including parents and caregivers. It's free, takes about 3 hours to complete (split into 3 sessions that the learner can complete at their own pace) and no previous qualifications are required. You can access the online course here [Psychological First Aid \(PFA\) training course](#).

Free resources to support emotional well-being

Many of you will know coach and facilitator Maureen Bowes, or be familiar with resources produced by her business, Successful People Intelligence. The following are free resources she has published that you may find helpful yourself or to share with others:

Learn about emotional literacy at home with your children - [Reassuring myself](#)

Take notice of how you feel and decide what to do to feel a bit better - [whenthe tension goes.com](#)

Making things better for myself - 30 days of self-compassion -

<https://people-intelligence.mykajabi.com/pl/234753>

Parable Dance Workshops

PARABLE provides primary schools with visually exciting and imaginative ways to boost children's engagement with RE. An immersive dance, theatre and integrated workshop experience, delivered with Covid safety at the forefront.

Together with Music – connecting schools with care homes

During lockdown, intergenerational links between schools and care homes have had to stop and this has left residents feeling isolated. This organisation want to provide a safe site where music could be shared and enjoyed and to continue/establish these fantastic relationships between the generations. Every registration is individually approved and only members can see what is uploaded on to the site.

They were recently featured on Heart Breakfast with Jamie Theakston & Amanda Holden. You can listen to the interview [here](#). They are pleased to share that from next week Jamie and Amanda will be including them as a regular feature on their show talking about schools and care homes that have registered. This will be fantastic publicity for our programme but also for those care homes and schools who are taking part. Here is a link to their website if you would like to get involved and know more: www.togetherwithmusic.org.uk

Membership is provided free of charge as they are in partnership with Care England who have agreed to sponsor TwM along with other amazing supporters. There is no limit to how much music your schools can share. They can also aim for our different membership levels - bronze, silver and gold - to give their children a sense of achievement.

The Royal School of Church Music

The RSCM is continuing to produce support materials during the ongoing pandemic. The latest offerings include new materials for primary schools: *We are aware that the usual routines, including collective worship, are all on hold; but we also know how beneficial singing is to well-being. The RSCM's Director, Hugh Morris, has produced two energetic, participative singing videos aimed at Key Stage 2 children, using existing material, including from Worship Workshop. The first is on our YouTube channel here :* <https://www.youtube.com/watch?v=9D2NtEbgRx4do>