

Choose Chocolate!

Chocolate is an important part of our Easter celebrations and in Britain we eat more chocolate than almost anywhere in the World! But where does chocolate come from and how is it made?



You can find more about the history of chocolate by visiting this [BBC Bitesize page](#). Did you know that the Aztecs used cocoa beans as money and you could buy a rabbit for 10 beans?! At first the Spanish used it as a medicine for tummy upsets because it was so bitter, until they had the idea of adding honey to make it sweeter!

Originally cocoa beans were grown by African slaves, who were taken to work in South America. Today most of the world's cocoa beans are grown in West Africa, but many cocoa farmers still work in very difficult conditions. You can find out more about the lives of cocoa farmers and how Fair Trade tries to give them a better life, by [watching this video](#) or exploring the [Papapaa website](#). See if you can find the video about Azonto dancing (in the Life in Ghana section); why not have a go yourself and see if you can invent some of your own moves!



Try eating a piece of chocolate very slowly and think about all the processes and people involved in producing it – from the sun and rain that caused the cocoa trees to grow, to the cocoa farmers in West Africa, the workers in the factory who made the chocolate, the lorry drivers and the people in the shop who sold it.

Poetry Competition

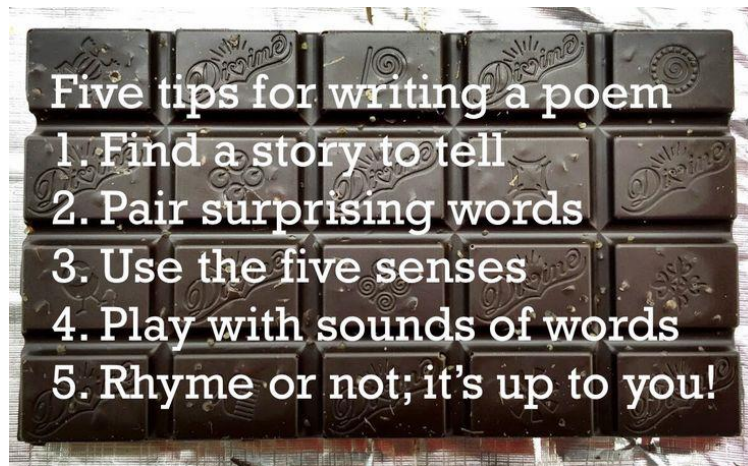


18TH NATIONAL POETRY COMPETITION

Theme for 2020:

Where does the chocolate journey begin?

The Divine Chocolate Company and Christian Aid are organising a poetry competition on the theme of 'Where does the chocolate journey begin?' You can find out more information on the [Papapaa website](#). There is a template on the website, which you could use if you wanted to and the prizes include book tokens and chocolate!



Recipe Ideas

Chocolate cornflake cakes are fun to make, there's a [simple recipe here](#). You will need to ask an adult to help you. If you don't have cornflakes, then rice crispies, or any other cereal will work and if you don't have golden syrup, you can use honey instead.



If you're feeling adventurous, look online for spiced hot chocolate (or Xocolatl) like the Aztecs drank!

